

RI President **Stephanie A. Urchick**Dist. Governor **Rtn. Dinesh Mehta** 

President: Rtn. Dr Priyeta Priyadarshini Secretary: Rtn. Santosh Patil Editor: Rtn. Ravi Ahlawat Sub - Editor: Rtn. Kashyap Jha

Feb 2025

Rotary 650

The Official Bulletin of Rotary Club of Navi Mumbai Hillside

Issue No. 1

#### **Constitution Awareness Talk**

- 09 Jan 2025





Rotary Club of Navi Mumbai Hillside hosted an enlightening awareness session focused on the importance of understanding the Constitution, aimed at educating both members and the broader community about their rights, responsibilities, and the governance structure that guides the nation on 9th January2025 by Advocate Hardik Shah. The topic covered by Adv. Shah included ,Introduction to the Constitution: Explanation of what a constitution is and its role in defining the structure of government, rights of citizens, and the rule of law. Historical Background, Key Provisions and Articles and Importance of Constitutional Awareness. The session ended with an interactive Q&A



#### **Nation Builder Award**

- 09 Jan 2025



The Rotary Club of Navi Mumbai Hillside successfully concluded its much-anticipated Nation Builder Award ceremony on 9th January'2025 celebrating outstanding individuals for their remarkable contributions to society. The Nation Builder Award, aimed at recognizing the pivotal role of teachers in shaping future generations, was presented to 40 teachers from various schools and junior colleges for their dedication and exemplary service in the field of education. These educators have made a profound impact on the lives of their students, instilling values and nurturing talent. The Rotary Club of Navi Mumbai Hillside successfully concluded its much-anticipated Nation Builder Award ceremony on 9th January'2025 celebrating outstanding individuals for their remarkable contributions to society. The Nation Builder Award, aimed at recognizing the pivotal role of teachers in shaping future generations, was presented to 40 teachers from various schools and junior colleges for their dedication and exemplary service in the field of education. These educators have made a profound impact on the lives of their students, instilling values and nurturing talent.

The Rotary Club of Navi Mumbai Hillside successfully concluded its much-anticipated Rotary Vocational Excellence Award ceremony on 9th January'2025 celebrating outstanding individuals for their remarkable contributions to society and community at a large. The Rotary Vocational Excellence Award honored 7 people of different vocations for their exceptional achievements and professionalism in their respective fields. Their commitment to excellence and innovation serves as an inspiration to many and aligns perfectly with Rotary's ideals of service and leadership. The event was graced by Assistant Governor,Rtn Liladhar Patil who praised the awardees for their invaluable contributions and commended Rotary Club of NM Hillside for its efforts in promoting excellence and community service.





**Annadaan** 

- 14 Jan 2025

On the occasion of Makar Sankranti ,Rotary Club of Navi Mumbai Hillside members served dinner to patients and attendants at Tata Cancer Hospital Kharghar. Immensely satisfying and overwhelming! a The feelings can't be expressed in words

# A session on Menstruation Hygiene and Grooming

- 16 Jan 2025

In an attempt towards importance of grooming of both male and female students of Bharati Vidyapeeth Management College,Rotary Club of Navi Mumbai Hillside and Proctor and Gamble (P&G) jointly distributed Men and Women grooming kit along with a brief awareness on Menstrual Hygiene specially for female students. It was very interseting to see students asking questions from the representative from P&G







#### **Constitution Talk**

- 14 Jan 2025

Rotary Club of Navi Mumbai Hillside in association with Rotary Club of Navi Mumbai Samaritans, Rotary Club of NM Palm Beach, RCNM Bayside, RCNM Garima, RC of Smart City Navi Mumbai organized a Constitution talk by Dr Lucky Kasat Sir for the students of Bharati Vidyapeeth Institute of Technology, Navi Mumbai. It was an eye-opening session, very informative and interesting at the same time. The facts shared by him about constitution mesmerised each one of us as well as audience. We are looking forward to have many more such sessions by him

Rotary Club of Navi Mumbai Hillside played a pivotal role in the successful participation in the Happy Street initiative, aimed at transforming roads into vibrant, car-free spaces for the community and helped to create an inclusive platform for recreation, learning, and interaction. The event was organised in collaboration with Kharghar Women Social Association on 19th January'2025 in Kharghar.It was an excellent PR activity of our club. The event included yoga sessions, Zumba,cycling events, cultural performances, Tug of war,traditional games ,Magic Show etc for all ages. The Club's active participation underscores its commitment to community building, making Happy Street a dynamic and cherished event for all.



#### **An awareness session on Brainstroke**

- 22 Jan 2025



An informative awareness session on brain stroke, aiming to educate the community about its symptoms, risks, and prevention strategies was conducted on 22nd January2025. The event featured expert talks from Dr Ashok Hande (A renowned Neurosurgeon) emphasizing the importance of recognizing early warning signs like facial drooping, arm weakness, and speech difficulties—summed up by the acronym BEDFAST and SHADOWS. Attendees learned about stroke risk factors, such as high blood pressure and diabetes, and were encouraged to adopt healthier lifestyles through regular exercise, a balanced diet, and routine health check-ups. Personal stories from stroke survivors highlighted the significance of early intervention in improving recovery outcomes. The session concluded with a Q&A, allowing participants to clarify concerns and gain valuable insights into stroke prevention and treatment.

## Republic Day Celebration followed by Annadaan

- 26 Jan 2025

On the occasion of Republic Day, the Rotary Club of NM Hillside organized a meaningful celebration that combined patriotism with community service at ZP Adivasi school Dhamole Village, Kharghar. The event began with a solemn flag-hoisting ceremony, honoring the tricolor and the values it represents. Students, Members of the club and local residents gathered to pay tribute to the nation and celebrated its unity, diversity, and progress. It followed with distribution of food packets to students and parents and stationery distribution to students of Adivasi School at Dhamole Village Kharghar.







### **Career Counseling**

#### - 28 Jan 2025

RCNM Hillside recently organized an insightful Career Counselling Session for Bachelor of Management Studies (BMS) students, aiming to guide them in making informed career choices. The session was taken by Dr Rajni Mathur (Academician/Expert) and she gave valuable insights into various career paths, higher education opportunities, and industry trends. Students gained a deeper understanding of job prospects in management, entrepreneurship, finance, marketing, and human resources, along with emerging career avenues like data analytics and digital marketing. The interactive format allowed students to ask questions and seek personalized advice on career planning. RCNM Hillside's initiative was a step toward empowering BMS students with the knowledge and confidence needed to navigate their careers successfully.







# **Constitution Awareness Talk**

5 Feb

RCNM Hillside organised a session on Constitution followed by quiz for the students of Krantiveer Basudev Phadke school no 4, Belapur on 10th January from 8.15-9.15 am. The session was conducted by Retired Assistant Commissioner of Police Rtn Vijayrao Shinde Sir. It was a very informative session and students participated very enthusiastically!



#### **BIRTHDAY'S**



Laxman Mukund Marke

Ravindra Dinkar Deshpande : 7 Feb

Rabindra Singh : 17 Feb

Santosh Patil : 21 Feb

Joydeep Das : 22 Feb

Sarindar Kumar Bhugra : 26 Feb

### Awarded for being among Top Performing Rotary Clubs of Navi Mumbai







# **Awarded for Membership Growth**



